

MARCH MENU 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| #HAPPY St. Patrick's DAY | | | | 1 Hamburger Steak w/ green peppers, onions and mushrooms Steamed Cauliflower Seasoned Broccoli WW Roll w/ margarine ^SF Pudding Low-Fat Mi |
| 4 Seasoned chicken breast Baked sweet potato Brussels sprouts WW roll w/ margarine Cooked Apples with Cinnamon Low-Fat Milk | 5 Beef Stew Seasoned Cabbage Cornbread or ^SF Chocolate Pudding w/ strawberries Low-Fat Milk | 6 Roasted chicken thigh Broccoli Glazed carrots WW roll w/ margarine Tangerine Low-Fat Milk | 7 Sliced Ham Pinto beans Turnip greens Cornbread Glazed Pears w/ cinnamon Low-Fat milk | 8 <i>** Day Trip</i> |
| 11 Salisbury steak w/ gravy Mashed potatoes Tossed salad lite dressing *WW roll Banana Pudding Low-Fat milk | 12 Oven Crispy Chicken honey mustard Seasoned spinach Stewed Tomatoes Brownie ^SF Jello Low-Fat Milk | 13 Salmon patties green beans Cole slaw Biscuit Orange Sections Low-Fat milk | 14 Baked Pork Chop boiled okra Roasted Parsnips WW roll w/ margarine Applesauce Low-Fat Milk | 15 Sloppy Joe Coleslaw Potato Wedges SF Vanilla Pudding with Mandarin Oranges Low-Fat Milk |
| 18 Beef Stir Fry with vegetables brown rice Angel food cake with strawberries Low-Fat Milk | 19 Lemon pepper chicken breast Cauliflower Vegetable succotash Cornbread Pineapple-carrot salad Low-Fat milk | 20 Pork Chop Stewed Tomatoes Wild Rice WW roll w/ margarine Hot Apple Crisp Low-Fat milk | 21 Navy beans Collard greens Baked Potato with sour cream & margarine ^SF Oatmeal Raisin Cookie Low Fat milk | 22 Turkey Chili Cole Slaw *WW crackers Hot Spiced Peaches Low-fat milk |
| 25 Mac and Cheese bake Crowder Peas Stewed tomatoes w/ zucchini cornbread Banana Low-Fat Milk | 26 Meatloaf Mashed Potatoes Green Beans ^SF Jell-o with Mandarin Oranges Low Fat Milk | 27 Baked Fish Broccoli Corn WW roll w/ margarine Strawberries with Low Fat Whipped Topping Low-Fat milk | 28 Sliced Pork shoulder Black-Eyed peas Seasoned Cabbage cornbread Fruit Cocktail Low-Fat Milk | 29 <i>** Good Friday Holiday (Center Closed)</i> |